

What Matters Most to You?

We're all different. Thankfully, there are different ways to treat kidney failure. It's important for people to find the type of treatment that best fits their values.



What's More Important to You?

For each pair of statements, pick one that fits you best.

Flexibility

I have a daily schedule and routine for work and family.

OR

During the day, I don't usually have regular responsibilities.

Impact on Family

I prefer to do things on my own and don't like asking my family for help.

OR

I'm comfortable asking my family for help with my daily activities and health needs.

Feeling in Control

I prefer to take care of myself with proper training and 24/7 nurse-line support.

OR

I prefer the peace of mind knowing a trained professional is taking care of me during treatment.

Feeling Your Best

I am okay with having treatment more frequently if it means I will feel better and may protect any remaining kidney function.

OR

I would prefer having treatment less frequently even if I may feel more tired on my off days.

Home dialysis helps protect kidney function.

Many people new to dialysis have some kidney function remaining. Home dialysis can help protect it and can improve transplant outcomes. Talk to your doctor about whether home dialysis is right for you.¹⁻³

Service provider and modality selection are choices made exclusively between the patient and nephrologist. The prescribing physician will determine the required treatment frequency based on medical necessity.

Choosing the Right Treatment

Get to Know Your Options

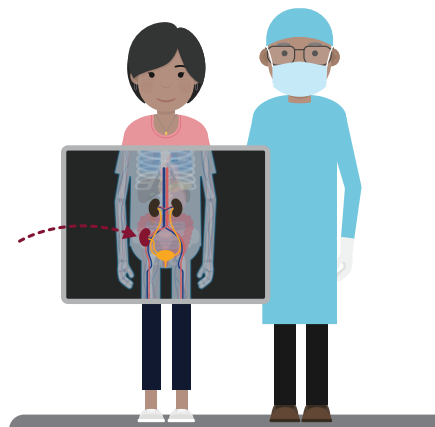
KIDNEY TRANSPLANT

What is it?

A new kidney takes over the work of the old kidneys.

Considerations:

- **Flexibility:** Dialysis is not needed after a successful transplant.
- **Impact On Family:** There is a short term need for help around the time of surgery.
- **Feeling In Control:** With a new kidney, people with transplants are in control of their ongoing care.
- **Feeling Your Best:** A new kidney helps patients feel more energetic and less tired.



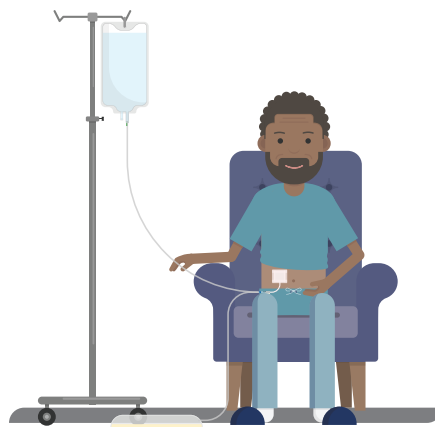
PERITONEAL DIALYSIS (PD)

What is it?

Needle-free home dialysis done each day or overnight.

Considerations:

- **Flexibility:** Many people do treatments while they sleep to free their day.
- **Impact On Family:** Patients need space for supplies at home and may require a care partner.
- **Feeling In Control:** Patients are trained to do their own treatments at home. Diet may be less restrictive.⁴
- **Feeling Your Best:** Daily treatments can help patients feel better.⁵ PD can help protect kidney function, which can increase life span.⁶⁻⁸



Get to Know Your Options, Continued

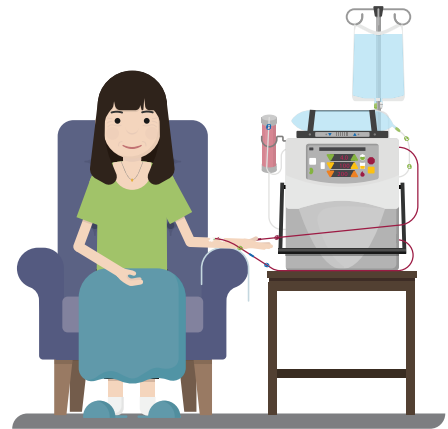
HOME HEMODIALYSIS (HHD)

What is it?

Home dialysis with a machine that filters the blood.

Considerations:

- **Flexibility:** Treatments can be performed around personal commitments.
- **Impact On Family:** Patients need space for supplies at home and typically require a care partner.
- **Feeling In Control:** Patients are trained to do their own treatments at home.
- **Feeling Your Best:** Patients may experience increased energy and improved sleep quality.⁹ Home dialysis can help protect kidney function, which can increase life span.⁶⁻⁸



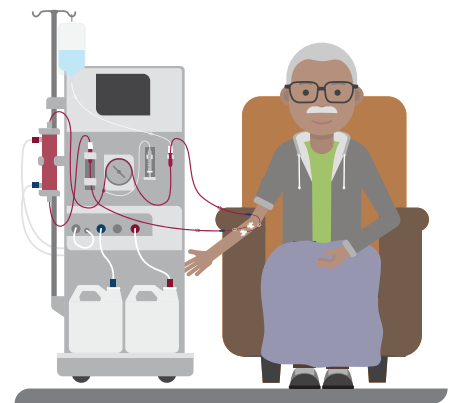
IN-CENTER HEMODIALYSIS (ICHD)

What is it?

Dialysis provided by trained professionals in a center.

Considerations:

- **Flexibility:** The center does their best to provide convenient, regular schedules.
- **Impact On Family:** Reliable transportation is needed 3x a week for treatments.
- **Feeling In Control:** Health professional provides dialysis.
- **Feeling Your Best:** Patients feel peace of mind knowing professionals are providing care.



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