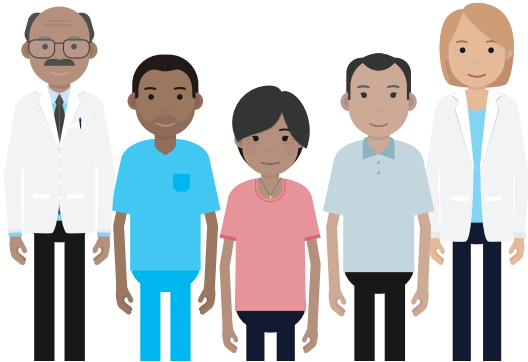


Testing Positive for COVID-19

AS OF AUGUST 22, 2023



Testing positive for COVID-19 can be scary. We are here to help keep you as healthy and safe as possible. You got this!

The vast majority of dialysis patients can, and do, fully recover from the virus. We are treating patients successfully today.

Do I have to go to the hospital?

- This is a normal fear and question to ask. No, you do not have to go to the hospital **unless your symptoms get worse**. We will continue paying very close attention to your fever, cough, and other symptoms to help keep you safe.
- Talk to your doctor or care team about whether you should consider going to the hospital.

Making changes to keep you and others as safe as possible.

- Starting with your next treatment, your dialysis time and/or location may change based on your diagnosis.
- This change will help keep other patients who do not have the virus as safe as possible.
- Your risk will not increase if you treat with other COVID positive patients.
- We will communicate your new treatment time and/or location. We will also work with you to try to find transportation to and from the dialysis center.

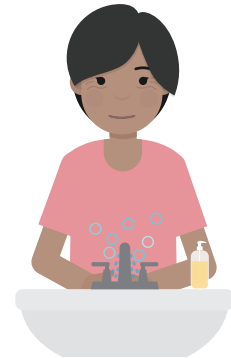
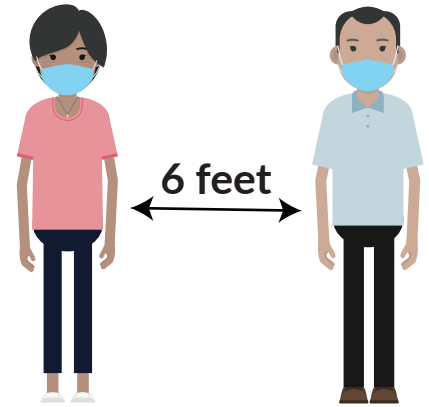


When can I return to my normal location and schedule?

- Once your symptoms have cleared up and enough time has passed, you can return to treating on your normal schedule. Your care team and doctor will work with you to arrange this return to your normal schedule as your symptoms go away.

How can I keep from infecting my family and friends?

- Your family and friends who have been in contact with you should watch their symptoms closely. If they show any symptoms of the virus, they should talk to their doctors about getting tested. Given their exposure, they should be extra careful to stay at home.
- Try to stay 6 feet away from all family and friends. Stay at home as much as possible, isolate yourself from others at home, and sleep away from your loved ones.
- Do not cook meals that others will eat.
- Consider wearing a mask at home and when around others. Encourage family members to wear a mask too.
- Wash your hands frequently, regularly disinfect surfaces, and touch as little as possible around your home. Encourage your family members to wash their hands very frequently too.



What can I do to stay as healthy as possible?

- Keep coming to your life-sustaining dialysis treatments on your new schedule. They are needed to help keep your immune system strong and blood clean.
- Stay in touch with your doctor's office. Call them regularly to give them an update on your symptoms. Let them know immediately if things get worse.
- Get plenty of rest and eat healthy, kidney-friendly foods to stay strong.

Your safety is our top priority. We'll do everything possible to help keep you safe.